**Mountains**

**Ingredients:**

-Potatoes ( to mash) enough for your family, about 7 medium

-Ground beef, 1.5 to 2 lbs

-1 medium chopped onion

-mushrooms fresh chopped or canned optional

-1 Tablespoon beef oxo r 1 pkt onion soup mix

-1 heaping teaspoon minced garlic or garlic powder to taste

-sprinkle salt and pepper to taste

-1 can cream of mushroom soup and ½ can of water

-peas frozen (cook enough for your family about 2 cups)

**Make it:**

Peel and cut potatoes, place in large soup pot, cover with water and bring to a boil, cook, drain and mash, can add some cream and butter when mashing.

Beef, fry ground beef, adding chopped onions, mushrooms, beef oxo, garlic, salt and pepper. When beef is fully cooked add cream of mushroom soup and about ½ can of water to make it into a hamburger with gravy.

Boil peas until just cooked, not mushy.

**To Serve**: This is the part the kids like, we make Mountains! Start with a dollop of masked potatoes in the center of their plate, adding hamburger mix on top and finish with a scoop of peas over top.

Makes enough for 6 people.