| Ingredients List | 1 Meal | 4 Meals | 8 Meals |
| --- | --- | --- | --- |
| Beef (ground, cooked) | 1.5 lbs | 6 lbs | 12 lbs |
| Onion (chopped) | 1 cup | 4 cups | 8 cups |
| Mixed Veggies (frozen) | 1 cup | 4 cups | 8 cups |
| Tomato Soup  | 1 can | 4 cans | 8 cans |
| Salsa | ½ cup | 2 cups | 4 cups |
| Tatertots Frozen 1 kg | 1 bag | 4 bags | 8 bags |
| Cheddar Cheese Grated | 2 cups | 8 cups | 16 cups |
| 9x13 foil pan | 1 | 4 | 8 |
| Tin Foil to Cover  | 1.5 feet | 6 feet | 12 feet |
| XL Heavy Duty Freezer Bags | 1 bag | 4 bags | 8 bags |

1. Label bags

Tatertot Casserole:

Thaw completely, preheat oven to 350 degrees, Bake covered for an hour, uncover and bake for 15 minutes more.

**Tatertot Casserole**

2. Combine first 5 ingredients together. Mix and put into foil pan.

3. Add bag of tatertots, layering over the meat minxture, and sprinkle 2 cups cheese over top.

4. Cover with foil and freezer bag for later OR bake immediately at 375 for an hour covered, then uncover and bake an additional 15 minutes.